

A photograph of a garden path. The path is made of grey stones and is surrounded by lush greenery and numerous bright orange and yellow flowers, likely daylilies. In the background, there are more plants and a stone wall.

Taking Steps Brattleboro

a program of Brattleboro Area Hospice

Free Advance Care Planning

Thinking about and planning ahead for emergencies and end of life situations when you are in good health gives you and your loved ones the opportunity to prepare for a medical crisis that can happen to anyone at anytime.

Taking Steps Brattleboro has volunteers trained to help you understand the process, map out your individual steps, and get this vital task completed.

Advance Care Planning – It's how people care for one another.

**Call Taking Steps Brattleboro for more information:
802-257-0775 ext. 101
or in the Bellows Falls region, 802-460-1142 ext. 101**

Advance Care Planning

What is it?

It's a process of creating a written healthcare plan (advance directive) that tells others what you would want if you couldn't tell them yourself.

Why do I need one?

If you had a serious illness or accident and couldn't communicate, those closest to you, your spouse, your children, as well as your doctor, would have to make healthcare decisions for you. An advance directive helps them know what you would want.

My Advance Care Planning Appointment

Date: _____ Time: _____

Notes:

Call Taking Steps Brattleboro

802-257-0775 ext. 101 or 802-460-1142 ext. 101
or visit www.brattleborohospice.org
for more information.

